



**PUTTING YOU FIRST**

At TPH we are committed to delivering excellence in psychiatric care and quality services that promote mental health and wellbeing. Our professional team will support you through every step of your treatment program and offer genuine compassion and care.

We are a family-owned private hospital certified to the ISO 9001 Quality Management Systems Standard, the National Safety and Quality Health Service Standards and the National Accreditation Standards for Trauma Recovery (Posttraumatic Stress Disorder) Programs.

Our treatment and services are designed to demonstrate respect, understanding and focus on you as an individual. Each specialised program is delivered by experienced mental health practitioners including psychiatrists, senior psychiatry registrars, psychologists, registered and enrolled nurses, occupational therapists and social workers.

Every detail at TPH has been considered to ensure you feel safe, comfortable and experience a positive treatment environment.

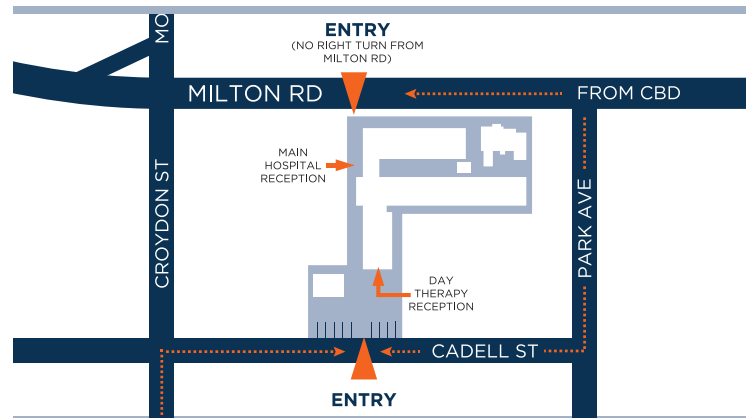


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At TPH we provide a range of programs tailored to meet the needs of patients including:

- Employment Related Trauma Recovery Program
- Cognitive Behavioural Therapy (CBT) Anxiety Program
- CBT Mood Disorders Program
- Tailored Therapy Program
- Repetitive Transcranial Magnetic Stimulation
- Electroconvulsive Therapy
- Assertive Community Treatment Program
- Mobile Recovery Support Service - Pilot Program

We also offer specialised treatment for military and ex-military personnel including:

- Trauma Recovery Program
- Trauma Relapse Prevention Program
- Anger Management Program
- Alcohol Day Treatment Program

The information in this brochure is not intended as a substitute for professional medical advice, diagnosis or treatment.



# MOBILE RECOVERY SUPPORT SERVICE

## Pilot Program



NSQHS  
 SAI GLOBAL



TRPS  
 SAI GLOBAL



Quality ISO 9001  
 SAI GLOBAL



## THE MOBILE RECOVERY SUPPORT SERVICE-PILOT PROGRAM ENABLES MENTAL HEALTH CLINICIANS TO WORK WITH PRIVATE PSYCHIATRISTS TO PROVIDE ELIGIBLE BUPA MEMBERS WITH TREATMENT AND CARE IN THE COMMUNITY.

The Mobile Recovery Support Service (MRSS) is an 18 month pilot program commencing 1st April 2017. The service is for eligible Bupa members living with a mental illness, who are at risk of admission, and require support in relation to self-management of their wellbeing. The service is aimed at supporting members in the community to minimise further hospitalisations and reduce the length of stay when admitted to inpatient services.



If you are a BUPA member with a product type that includes psychiatric services, and your psychiatrist admits to the Toowong Private Hospital (TPH), your psychiatrist can refer you to participate in the MRSS Pilot Program. The program is delivered by Registered Nurses and Allied Health Professionals and offers individually tailored one to one support which may include:

- Monitoring improvements in your mental health
- Providing you with information and strategies to assist you to better cope with daily stressors
- Providing you with information on physical health and general well-being
- Assisting you with understanding and managing your medication effectively
- Helping you link into and utilise other community health and support services
- Increase your functioning within your home environment and the community.



The number of sessions you will have depends on your needs and is agreed between you, your psychiatrist and the clinician. Your sessions may be delivered either face to face in the form of outpatient clinic reviews or in the community as home visits, or via telephone consultations.

\* The MRSS Pilot Program is not a crisis service. If you require this level of clinical intervention and treatment you will need to be referred to a hospital-based service.